

Pre-Procedure / Surgery Patient Instructions

Patient Name _____

Surgery Date _____ Surgery Time _____ Arrival Time _____

DO NOT EAT OR DRINK after midnight the night before your procedure, unless otherwise instructed by Dr. Ahdoot.

1. **Take** the following medications as instructed with only a sip of water (less than 1 ounce)
Medications: _____
2. **Wear** comfortable, loose clothing to the hospital. If you are staying overnight, bring your robe, slippers, toiletries.
3. **Do not** wear facial make up.
4. **Please stop** all blood thinners such as Coumadin or Plavix, aspirin & aspirin containing medication, Motrin, Advil and any herbs five (5) days before the procedure unless otherwise directed by your primary care physician. **Please consult your physician if you have any questions about the medications you are taking.**
5. If you wear contact lenses or glasses, bring a case for them. Contact lenses must be removed prior to surgery.
6. **Leave** all valuables including jewelry, money, credit cards at home.
7. You must **pre-register** at hospital prior to surgery.
8. When you arrive, **please report** to _____
9. If you are returning home the same day of procedure, **please arrange for a responsible person to drive you home.**

If you have any questions or concerns, please contact my office at (949) 453-1173.

Please note – **YOUR PROCEDURE MAY BE CANCELLED IF:**

- ❖ You do not follow the dietary restrictions identified above.
- ❖ You arrive late to surgical facility or hospital.
- ❖ As an outpatient, you do not have a responsible person to accompany and drive you home.